



REVIEW



February 18, 2022

Message From Administration:

Hello Rouge Park Families,

We have had a wonderful week of kindness and fun at Rouge Park. Students participated in events each day to help lift spirits and build a sense of community. Please enjoy the collages below that highlight some of the themes: twin day, games day, door decorating contest, olympics day and movie day. Additionally, staff competed in a noodle competition which involved each staff member having to carry a noodle at all times outside of their classroom and if they were caught without, they had to give their noodle to the person who caught them. So ... if you noticed staff outside carrying a pool noodle, that's what they were up to. Be sure to ask you kids who won!

We are excited to have the opportunity to offer school lunches again - our first time in almost 2 years! School extracurricular activities are also being slowly reintroduced as public health works with our school board to ensure safety measures are in place.

It is incredible to see so many students back in face to face learning. If you are considering sending your child(ren) back and have questions, we are happy to speak to you by phone. Student absenteeism is very low and spirits are high in the building.

We hope you are able to spend some quality family time over the Family Day long weekend.

As always, please reach out if you have any questions, comments or concerns.

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Upcoming Dates:

February 21	~Family Day - no school
February 23	~ Pink Shirt Day
February 27	~deadline to sign up for pizza day on school cash online - no late orders
March 3rd	~Virtual Parent Presentation @ 6:30
March 14-18	-March Break
April 7	-School Council Meeting @ 6:30

Parent Presentation:

On Thursday, March 3rd, Rouge Park and two neighboring schools will be offering a virtual workshop aimed at helping parents support their children through the challenges of Covid. A flier with all of the details can be found below. Please register early.

Spirit Wear:

Back by popular demand, we will be offering one more round of spirit wear orders for this school year. Hoodies and t-shirts were by far the most popular, so that is what we are offering on **School Cash online** from now until the end of February. Orders are expected to be delivered before March Break.

ROUGE PARK

Price & Description	Item Code		
T-shirt Logo 1 Youth: \$15 Adult: \$17	 T1.1	 T1.2	 T1.3
T-shirt Logo 2 Youth: \$15 Adult: \$17	 T2.1	 T2.2	 T2.3
Pull-Over Hoodie Logo 1 Youth: \$32 Adult: \$35	 H1.1	 H1.2	 H1.3
Pull-Over Hoodie Logo 2 Youth: \$32 Adult: \$35	 H2.1	 H2.2	 H2.3

Pizza Day:

Vendor: Reginos Pizza

Cost: 6 weeks x 2 slices / order = \$48 (taxes and cash online fee included)

Item: 2 slices of cheese pizza

Dates: Fridays (March 4, March 11, March 25, April 1, April 8, and April 25)

Sign up on School Cash Online by Feb. 27 - **Unfortunately, we will not be able to accept any late orders.**

Grade 8 Graduation - Save the Date

Our grade 8 graduation is booked for Tuesday, June 28th. We don't know what the format will be, but we are hoping to celebrate with our first in-person event at Rouge Park Public School. For now, if you have a child in grade 8, please save the date!

YMCA Parking

We have noticed that some people have started parking in the daycare parking lot on the north-west side of the school. This parking is for YMCA daycare families only. Please do not drive into or park in this lot. Thank you.

Vaccine Attestation for Team Sports:

Students who wish to participate in team sports (players, timekeepers, etc.) will be required to attest that they have been fully- vaccinated utilizing the current YRDSB Attestation portal under the drop down heading of 'Students for Inter-School Sports' <https://visitorattestation.yrdsb.ca/>. Participating students will need to register as a new user. Please complete this process ASAP if your child would like to participate in our upcoming volleyball, basketball and track and field seasons.

Screening Tool

Please remember that daily screening confirmation is once again required. Students and families will be required to complete the confirmation of screening before coming to school each morning.

- [COVID-19 School and Child-Care Screening Tool](#)
- [Elementary School Confirmation Form](#)

Moving If you are planning on moving or have moved, please be sure to contact the office so we have your updated information. If you are no longer in our area, you will need to register in the school closest to your home.

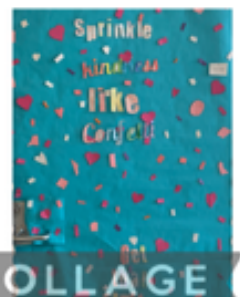
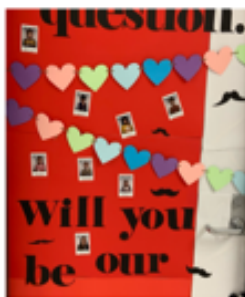
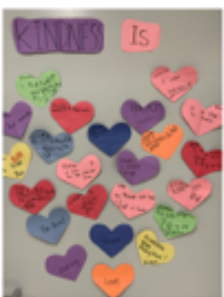
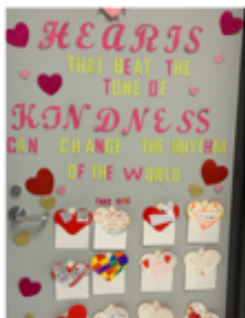
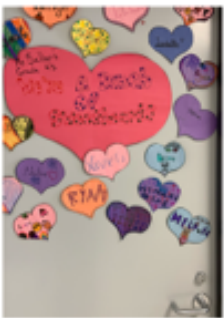
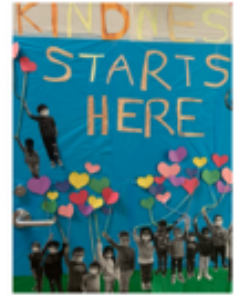
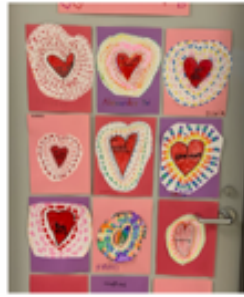
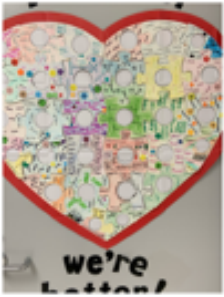
Pink Shirt Day

Pink Shirt Day is a globally recognized day in support of anti-bullying, upstanding behaviour and simple acts of kindness. **On February 23, 2022, we are encouraged to practice kindness and wear pink to show that we do not tolerate any form of bullying.**

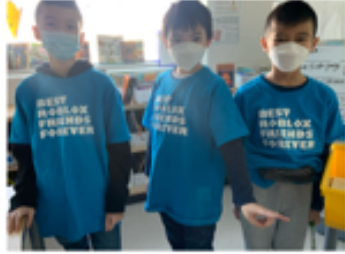
In honour of Pink Shirt Day, YRDSB and Rouge Park will be celebrating the everyday upstanders. Upstands are those students who stand up to bullying, exemplify kindness and/or contribute to anti-bullying initiatives in their schools.

Spirit Week!

Door Decorating Day



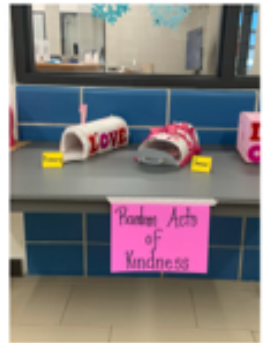
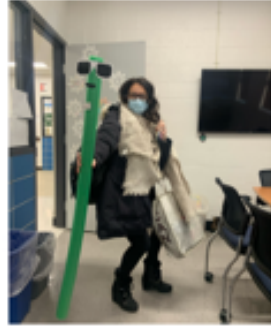
Twin Day!



Games Day!



Miscellaneous Spirit Week Pictures



Celebrating Black Excellence

Our students are exploring and celebrating stories of black excellence throughout the month of February and beyond. Some of their work is being displayed in our front entrance so that all of our students can be inspired by and benefit from reading and seeing their work.



Black Mental Health Day

March 7, 2022 is the third annual Black Mental Health Day in Ontario. [Black Mental Health Day](#) is a day to raise awareness and draw attention to the impact that anti-Black and systemic racism has on the mental health of Black people, and the importance of structural change across social systems to improve the mental health and well-being of Black Canadians. We will be hosting a drop-in event for Black parents, guardians and youth on Monday March 7, 2022 from 7:00-8:30 PM. **The Mental Health Drop In for Black Parents** is an opportunity for parents to hear and learn about ways to promote and sustain positive mental wellness for their children in light of the ongoing pandemic challenges and the impacts of systemic racism. Please join us for an evening talk about healing strategies and engage in a chance to ask general questions ([registration link](#)).

Join us in a transformational conversation that will empower parents to self reflect and take action in having supportive and meaningful conversations with their children about wellbeing. In sharing our psychology and neuroscience-based wellbeing material and the Graydin, Start with Heart Coaching model for education, parents will leave with tips, tools, and resources on how to support their own and their children's overall wellbeing.

You will leave with:

Increased self-awareness and self-compassion for your own wellbeing, leading to a greater capacity to support your child to thrive.

~

Greater ability to nurture your child's capacity to be resilient, self-sufficient, mindful, and adaptable.

~

Coaching skills to empower your children to be independent thinkers with a strong sense of self.

~

Small actionable steps to support your child's physical, mental, emotional and social wellbeing.



Jocelyn Pepe is a wellbeing expert with a diverse background in coaching and educating on physical, mental, and social wellbeing. As a global facilitator in education and in organizations, Jocelyn takes a holistic approach to training and developing human potential. Jocelyn is a Certified Professional Co-Active Coach (CACC), a Registered Health Coach (RHCTM), a Professional Certified Coach (PCC) and a Masters student in the Psychology and Neuroscience of Mental Health .

YOUR TrU WELLBEING

A Parenting Session

Join us online on **March 3rd**
from 6:30-7:30pm. [Link to follow.](#)

Register here!